

# 2024 Somerset AA Track & Field Program

## May 11/12th

Note that the exact order of events will not be known until after the closing date  
Venue -The Bill Whistlecroft Arena Yeovil

Closing date midnight Saturday May 4<sup>th</sup>

## DAY 1 Track

*Under 11 events are all on Sunday Day 2 May 12<sup>th</sup>*

800m Finals  
100m Heats  
300/400m Heats  
100m Finals  
3000m U15 U17 U20 SENIORS  
300m/400m Finals  
200m Heats  
200m Finals

## DAY 1 Field

### **Under 13**

Shot, Javelin, Long Jump, High Jump

### **Under 15**

Shot, Hammer, Long Jump, Discus, Triple Jump, High Jump, Javelin

### **Under 17**

Shot, Hammer, Long Jump, Discus, Triple Jump, High Jump, Javelin

### **Under 20**

Hammer, Triple Jump and High Jump

### **Senior (including Masters)**

Hammer, Triple Jump and High Jump

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## DAY 2 Track

Long Hurdles – relevant age groups  
1500m –all age groups (not under 11)  
Sprint hurdles heats - all age groups (not under 11)  
60m – under 11 only  
600m – under 11 only  
Sprint hurdles finals  
Steeplechase – U15, U17, U20 and seniors

## DAY 2 Field

### Under 11

Long Jump and turbo javelin

### Under 13

Discus and Pole vault – Under 13 may compete in the PV provided that they have previous experience in the event

### Under 15 and Under 17

Pole Vault

### Under 20

Long Jump, Pole Vault, Discus, Javelin and Shot

### Senior (including Masters)

Long Jump, Pole Vault, Discus, Javelin and Shot

### Disability only

Seated javelin and seated Shot  
Seated club and seated discus

