



Club Records – Road Running

	MEN						
	5k	10k	Half-Marathon	Marathon	5 Miles	10 Miles	20 Miles
U20	Dan Fisher 14:43 (2025)	Rowan Preece 31:22 (2013)	Mawgan Andrew 88:15 (2019)	Dominic Taylor 3:00.18 (2016)	Joe Ponter 26:49 c (2020)	Ben Tull 57:18 (2016)	
SM	Phil Burden 14:50 (2015)	Dan Wilde 30:28 (2026)	Phil Burden 68:54 (2016)	Rowan Preece 2:26.27 (2016)	Joe Walton 26:55 (2021)	Phil Burden 52:28 (2015)	Rowan Preece 1:54.24 (2017)
M35	Phil Burden 14:50 (2015)	Phil Burden 31:08 (2015)	Phil Burden 68:54 (2016)	Phil Burden 2:29:54 (2015)	Neil Smith 28:50 (2023)	Phil Burden 52:28 (2015)	
M40	Phil Burden 15:00 (2018)	Phil Burden 31:59 (2018)	Phil Burden 69:56 (2017)	James Watson 2:28:25 (2017)	Phil Burden 27:51 (2021)	Phil Burden 57:05 (2021)	James Watson 1:57.54 (2017)
M45	Phil Burden 15:47 (2022)	Phil Burden 32:49 (2022)	Phil Burden 76:42 (2024)	Russell Roberts 2:52.18 2025	Nick Daniels 31:46 (2018)	James Watson 60:45 (2019)	Jonathan Gilling 2:14:07 (2018)
M50	Keith Paul (2016) Jim McConnel (2025) 16:59	Jim McConnel 34:30 (2025)	Jim McConnel 77:02 (2025)	Jim McConnel 2:47.56 (2024)	John Gilling 28:42 (2023)	Jim McConnel 58:57 (2025)	Keith Paul 2:11.13 (2017)
M55	Keith Paul 18:30 (2024)	Keith Paul 39:03 (2024)	Martin Bluemel 90:12 (2015)	Patrick Casey 3:15.22 (2015)	Keith Paul 31:17 (2021)	Keith Paul 66:18 (2023)	
M60	Martin Bluemel 19:49 (2024)	Keith Paul 41:41 (2025)	Richard Westgate 1:44.29 (2016)	Richard Westgate 3:58:50 (2017)	Robin Green 36:54 (2021)	Robin Green 82:07 (2024)	Richard Westgate 3:22:44 (2018)
M65	Martin Bluemel 21:20 (2025)	Martin Bluemel 43:09 (2025)	Martin Bluemel 95:33 (2025)		Robin Green 40.06 (2025)	Robin Green 82:49 (2025)	

WOMEN

	5k	10k	Half-Marathon	Marathon	5 Miles	10 Miles	20 Miles
U20W	Daisy Davies 18:35 (2025)	Rachel Heard 39:12 (2009)	Kate Drew 89:09 (2016)	Kate Drew 3:03:43 (2017)	Daisy Davies 32:04 (2025)	Kate Drew 68:43 (2016)	
SW	Elle Twentyman 15:46 (2022)	Elle Twentyman 32:56 (2022)	Kate Drew 73:05 (2023)	Kate Drew 2:45:48 (2019)	Hannah Taunton 28:03 (2021)	Alice Murray-Gourlay 59:33 (2022)	Kate Drew 2:13:57 (2019)
F35	Kirstie Booth 18:39 (2017)	Kim Hill 38:44 (2015/2017)	Kim Hill 86:21 (2015)	Kim Hill 3:29:40 (2018)	Chaleigh O'Brien 35:27 (2025)	Kim Hill 64:43 (2017)	Kim Hill 2:23:09 (2018)
F40	Kirstie Booth 17:51 (2022)	Kirstie Booth 37:19 (2021)	Pauline Beer 1:35:29 (2016)	Tabitha Divall 4:25.39 (2025)	Kirstie Booth 31:02 (2021)	Kirstie Booth 69:33 (2019)	
F45	Kirstie Booth 17:16 (2024)	Kirstie Booth 37:20 (2024)	Jackie Batten 1:43.27 (2016)	Annabelle Lillycrop 3:58.33 (2014)	Kirstie Booth 30:15 (2025)	Tracy Walters 84:29 (2025)	
F50	Suzy Cole 22:54 (2025)	Liz Taschimowitz 44:55 (2017)	Liz Taschimowitz 1:44.39 (2015)	Suzy Cole 3:43:37 (2024)	Sharron Kington 39:46 (2012)	Suzy Cole 79:11 (2023)	
F55	Lesley Westgate 23:14 (2014)	Julia Hector 47:41 (2008)	Lesley Westgate 1:49.09 (2014)	Lesley Westgate 4:09:29 (2011)	Charlotte Fisher 43:04 (2024)	Lesley Westgate 80:28 (2014)	
F60	Lesley Westgate 23:21 (2016)	Lesley Westgate 49:19 (2016)	Lesley Westgate 1:50:50 (2016)	Lesley Westgate 4:13:47 (2018)	Lesley Westgate 39:57 (2018)	Sharron Kington 96:15 (2023)	Lesley Westgate 3:01:56 (2018)
F65							
F70	Christine Williams 26:31 (2024)	Christine Williams 53:09 (2025)			Christine Williams 45:58 (2025)	Christine Williams 94:12 (2024)	

Please note the following:

- * 5k records are for the road only, and do not include parkruns.
- * Athletes must be fully paid up 1st claim TAC member at the time the record was set. Performances by second claim members will not count.
- * Times done in races without a UKA/Run Britain race license will not count.
- * With 40+ new records in 2023 alone, (across road and track and field) the updated TAC records will be only published at the end of the year in December. However, the records are maintained throughout the year and so if you think you have broken a club record please contact charlotte.g.fisher@icloud.com