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**U20 Track & Field Club Records**

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|  | **U20 Men** | **U20 Women** |
| **Track Events** |  |  |
| **100 metres** | Matthew Alvarez 10.72 (2018) | Holly-Mae McKenna 12.80 (2019) |
| **200 metres** | Matthew Alvarez 21.68 (2018) | Rosie Coles 26.01 (2011) |
| **400 metres** | Elliot Scott 48.67 (2016) | Lucy Stennett 58.21 (2020) |
| **800 metres** | Dan Wilde 1:52.19 (2018) | Catherine Blew 2:11.02 (2010) |
| **1500 metres** | Archie Walton 3:50.46 (2016) | Catherine Blew 4:24.4 (2011) |
| **3000 metres** | Joe Ponter 8:28.58 (2021) | Catherine Blew 9:28.9 (2011) |
| **5000 metres** | Rowan Preece 15:14.50 (2013) | Rachel Heard 19:37.94 (2009) |
| **10,000 metres** | Rowan Preece 32:19.58 (2013) |  |
| **Mile** | Archie Walton 4:14.62 i (2016) |  |
| **110m/100m Hurdles** | James Slipper 16.33 (2016) | Holly-Mae McKenna 14.40 (2019) |
| **400m Hurdles** | Dan Wilde 55.25 (2017) | Holly-Mae McKenna 65.57 (2019) |
| **1500m Steeplechase** | Archie Walton 4:17.39 (2016) | Holly Brown 4:57.28 (2014) |
| **2000m Steeplechase** | Charlie Maclean 5:45.39 (2010) | Rachel Langbein 7:21.13 (2012) |
| **3000m Steeplechase** | Archie Walton 9:21.60 (2016) |  |
| **Field Events** |  |  |
| **Long Jump** | Norbert Rosser 6.83 (1978) | Holly-Mae McKenna 5.48 (2019) |
| **Triple Jump** | Luke Reynolds 13.49 (2014) | Maisie Brown 11.15 (2015) |
| **High Jump** | Harry Hall 1.90 (2009) | Megan Toon 1.72 (2012)  Evie Grogan 1.72 (2012) |
| **Pole Vault** | Ben Thompson 3.50 (2011)  Tim McKee 3.50 (2018) | Rebecca Klys 2.15 (2007) |
| **Javelin** | Robin Danaher 66.07 (2012) | Izzy Jeffs 48.90 (2009) |
| **Shot Putt. /4kg** | James Slipper 12.71 (2015) | Cerys Lee 10.27 (2019) |
| **Discus** | Richard Shadrick 40.18 (1982) | Rebecca Klys 27.24 (2007) |
| **Hammer** | Hayden Tyler 35.14 (2013) | Claire Knighton 28.98 (2008) |
| **Combined Events** |  |  |
| **Decathlon/Heptathlon** | Luke Reynolds 5712 pts (2014) | Cerys Lee 4444 (2018) |
| **Relay** |  |  |
| **4 x 100 metres** | See Senior Men records | See Senior Women records |
| **4 x 400 metres** | See Senior Men records | See Senior Women records |