



Senior Track & Field Club Records

| | Senior Men | Senior Women |
|-----------------------------------|--|--|
| Track Events | | |
| 60 metres | George Shurley 7.77 (2025) i | Seren Rodgers 7.86 (2025) i |
| 100 metres | Matthew Alvarez 10.78 (2021) | Ellie Carrow 13.59 (2022) |
| 200 metres | Matthew Alvarez 21.77 (2021) | Cerys Lee 25.89 (2024) |
| 400 metres | Elliot Scott 50.31 (2019) | Annabel Hicks 58.4 (2005) |
| 800 metres | Dan Wilde 1:53.19 (2019) | Alice Murray-Gourlay 2:14.35 (2023) |
| 1500 metres | Tom Heal 3:48.32 (2025) | Naomi Taschimowitz 4:16.73 (2011) |
| 3000 metres | Joe Ponter 8:15.50 (2025) i | Naomi Taschimowitz 9:12.65 (2011) |
| 5000 metres | Tom Heal 14:50.11 (2023) | Elle Twentyman (2022) 15:58.39 |
| 10,000 metres | Rowan Preece 31:59.80 (2017) | Kate Drew 33:59.52 (2022) |
| Mile | Blair Brown 4:21.62 | Naomi Taschimowitz 4:49.04 (2010) |
| 110m/100m Hurdles | Ben Thompson 16.64 (2012) | Holly-Mae McKenna 14.2 (2021) |
| 400m Hurdles | Kester Welch 54.86 (2024) | Cerys Lee 64.70 (2023) |
| 1500m Steeplechase | | |
| Mile Steeplchase | | Alice Murray-Gourlay 5:26.18 (2024) |
| 2000m Steeplechase | Tom Heal 5:59.33 (2025) | Alice Murray-Gourlay 6:41.17 (2023) |
| 3000m Steeplechase | Tom Heal 8:54.77 (2025) | Alice Murray-Gourlay 10:05.06 (2023) |
| Field Events | | |
| Long Jump | Oliver D'Rozario 6.12 i (2023) | Cerys Lee 5.74 (2023) |
| Triple Jump | Rhys Llewellyn-Eaton 12.25 (2012) | Cerys Lee 11.01 i (2023) |
| High Jump | Louis Reynolds 1.95 (2024) Louis Reynolds 2.04 (2025) | Evie Grogan 1.74 i (2015) |
| Pole Vault | Kurt Gilbert 4.33 i (2024) | Emily Ruffell-Hazell 1.45 (2014) |
| Javelin 800g | Ben Jones 66.84 (2025) | Cerys Lee 33:83 (2024) |
| Shot Putt | Kevin Davies 12.50 (2005) | Cerys Lee 12.07i (2025) Cerys Lee 11.91 (2025) |
| Discus | Kevin Davies 40.40 (2005) | Rebecca Klys 27.73 (2008) |
| Hammer | Kevin Davies 56.72 (2005) | Tamsin Hault 37.87 (2024) |
| Combined Events | | |
| Decathlon & Heptathlon | 4475 James Slipper (2017) | 4867 Cerys Lee (2024) 5094 Seren Rodgers (2025) |
| Relay | | |
| 4 x 100 metres | 46.30 (2013) | 50.74 (2018) |
| 4 x 400 metres | 3:20.21 (2015) | 4:13.55 (2024) |

I = indoors