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**SENIORS Track & Field Club Records**

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|  | **Senior Men** | **Senior Women** |
| **Track Events** |  |  |
| **100 metres**  | Matthew Alvarez 10:78 (2021) | Charlotte Fisher 14.0 (2003) |
| **200 metres** | Matthew Alvarez 21:77 (2021) | Annabel Hicks 26.5 (2005)S Reed 26.5 (1973) |
| **400 metres** | Elliot Scott 50:31 (2019) | Annabel Hicks 58.4 (2005) |
| **800 metres** | Dan Wilde 1:53.19 (2019) | Naomi Taschimowitz 2:15.1 (2010) |
| **1500 metres** | Dan Wilde 3:52.57 (2019) | Naomi Taschimowitz 4:16.73 (2011) |
| **3000 metres** | Luke Scott 8:38.49 (2011) | Naomi Taschimowitz 9:12.65 (2011) |
| **5000 metres** | Rowan Preece 14:57.21 (2016) | Naomi Taschimowitz 16:10.30 (2010) |
| **10,000 metres** | Rowan Preece 31:59.80 (2017) | Kate Drew 36:17.38 (2019) |
| **Mile** | Blair Brown 4:21.62  | Naomi Taschimowitz 4:49.04 (2010) |
| **110m/100m Hurdles**  | Ben Thompson 16.64 (2012) | Holly-Mae McKenna 14.6 (2021) |
| **400m Hurdles** | Joe Walton 58.20 (2015) | Charlotte Fisher 79.2 (2003) |
| **1500m Steeplechase** |  |  |
| **2000m Steeplechase** | Oliver Berry 6:00.1 (2016) | Alice Murray-Gourlay 7:13.58 (2021)  |
| **3000m Steeplechase** | Blair Brown 9:25.0 (2013) | Rachel Langbein 11:13.81 (2014) |
| **Field Events** |  |  |
| **Long Jump** | Ben Thompson 5.97 (2012) | Holly-Mae McKenna 5:59 (2021) |
| **Triple Jump** | Rhys Llewellyn-Eaton 12.25 (2012) | Rebecca Klys 10.28 (2011) |
| **High Jump** | Mark Hardyman 1.80 (2012)Ross Stephenson 1.80 (2016) | Evie Grogan 1.74 i (2015)  |
| **Pole Vault** | Ben Thompson 3.40 (2012) Tim McKee 3.41 (2019) | Emily Ruffell-Hazell 1.45 (2014) |
| **Javelin** | Charlie Granville 58.28 (2015) | Cerys Lee 33:26 (2021) |
| **Shot Putt** | Kevin Davies 12.50 (2005) | Cerys Lee 10.62 (2021) |
| **Discus** | Kevin Davies 40.40 (2005) | Rebecca Klys 27.73 (2008) |
| **Hammer** | Kevin Davies 56.72 (2005) | Claire Knighton 29.81 (2011) |
| **Combined Events** |  |  |
| **Decathlon &****Heptathlon** | 4475 James Slipper (2017) | 4169 Cerys Lee (2021) |
| **Relay** |  |  |
| **4 x 100 metres** | 46.30 (2013) | 52.2 (2019) |
| **4 x 400 metres** | 3:20.21 (2015) | 4:16.15 (2019) |